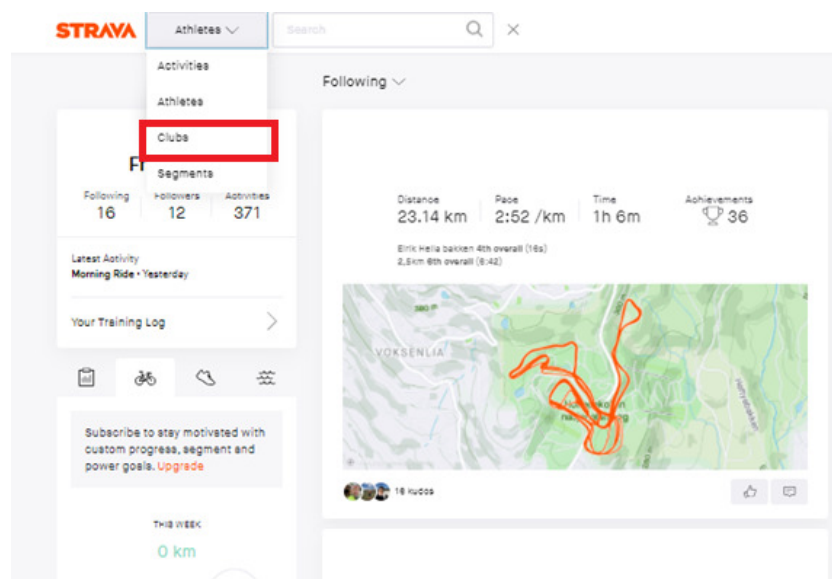
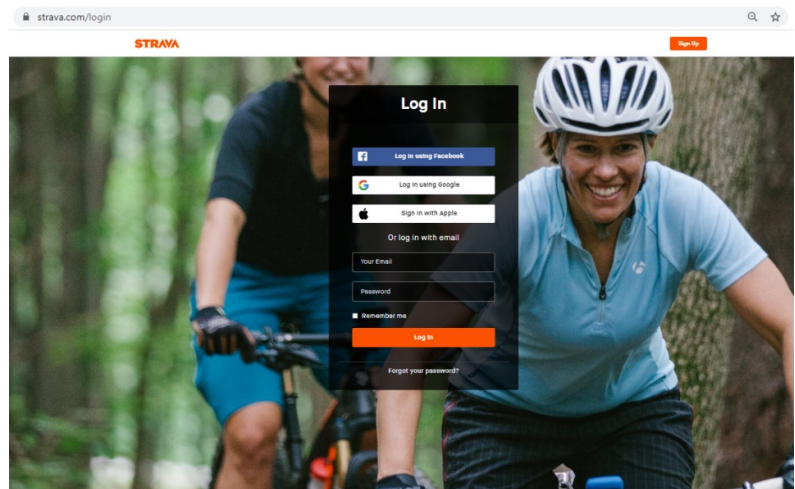


How to join a house team on Strava

1. Open Strava in your browser and log in using whichever method you have signed up with.



2. Click on the search icon at the top left of the screen and change the drop-down menu to 'Clubs'.

3. Type in 'Mintlaw Academy' and click search.

The screenshot shows the Strava search results for 'Mintlaw Academy'. At the top, the search bar contains 'Mintlaw Academy' and a search icon. Below the search bar, there are statistics: Following (16), Followers (12), and Activities (371). The latest activity is 'Morning Ride • Yesterday'. There is a 'Your Training Log' section with icons for calendar, bicycle, foot, and water. A subscription prompt is visible: 'Subscribe to stay motivated with custom progress, segment and power goals. Upgrade'. On the right, a 'Following' section shows a recent activity with details: Distance 23.14 km, Pace 2:52 /km, Time 1h 6m, and Achievements 36. The activity description includes 'Eirik Hella bakken 4th overall (16s)' and '2.6km 8th overall (6:42)'. A map shows the route in orange. Below the map, there are 18 kudos and social interaction icons.

4. The list of results will include a team for each of the houses which have been created for this challenge. Click on the team for your house.

The screenshot shows a list of Strava groups. Each group entry includes a profile picture, the group name, location, member count, sport type, and category. The groups listed are:

Group Name	Location	Members	Sport	Category
Mintlaw Mudders	Mintlaw, Scotland, United Kingdom	34 members	Running	Racing Team
Mintlaw PE	Peterhead, Scotland, United Kingdom	3 members	Triathlon	Company / Workplace
Mintlaw Academy Brucklay Sponsored Walk 2020	Peterhead, Scotland, United Kingdom	7 members	Triathlon	Club
Mintlaw Academy Ugie Sponsored Walk 2020	Peterhead, Scotland, United Kingdom	2 members	Triathlon	Club
Mintlaw Academy Deer Sponsored Walk 2020	Peterhead, Scotland, United Kingdom	5 members	Triathlon	Club
Mintlaw Academy Mormond Sponsored Walk 2020	Peterhead, Scotland, United Kingdom	6 members	Triathlon	Club

5. Click 'Request to join'.
Once your request has been submitted it will have to be approved by a teacher before you are able to access the group.
Once you are approved any activities you upload to Strava will be automatically added to the leader board in your group

The screenshot shows the page for the 'Mintlaw Academy Brucklay Sponsored Walk 2020' group. At the top, there is a banner with the group's logo, which features a white Celtic knot on a black background. Below the banner, the group name and location are displayed. A red box highlights the 'Request to join' button. Below this, there are tabs for 'Club Leaderboard' and 'Members'. The page also shows '7 members' and 'Last Week's Leaders'.